

RURAL HEALTHCARE STUDENT EXPERIENCE
Sisters of Notre Dame National Service Project
Sponsored by St. Claire HealthCare
Morehead, Kentucky

Program Outline

Rural HealthCare Student Experience is designed for rising junior and senior students in SND sponsored high schools who are seriously considering a career in health care.

Program Coordinators

- Sr. Judi Lambert, Vice President, Mission Integration
- David Gross, Director, Northeast Kentucky Area Health Education Center (AHEC)

Immersion Activities

Health Care Activities Include:

- Job shadowing;
- Ride-along home health and in-home Hospice visits;
- Participation in many of the activities of the Northeast Kentucky Area Health Education Center's (AHEC) Rural Health Scholars program;
- Participation in a Discharge Planning Lab; and
- A service component yet to be determined.

Other experiences include:

- Mass at Jesus Our Savior Church, Morehead;
- Visit Newman Center at Morehead State University
- Orientation and history/mission presentation about St. Claire HealthCare
- Cook-out at the home of Donald Lloyd, President/CEO of St. Claire HealthCare

Another possible activity is for St. Claire providers that are clinical faculty to meet with students that are considering a pre-med/medical school track and advise them of things to do now and going forward to improve their chances of being accepted into medical school.

AHEC Partnership

Northeast Kentucky AHEC will register the students and help facilitate their rotations. AHEC will also provide some of the programming during the week (Tuesday through Thursday) through its Rural Health Scholars Program. The Rural Health Scholars Program is designed for high school students who live within the 17-county Northeast Kentucky AHEC service region and are interested in pursuing a health care career after high school. Typically 15 to 20 rising juniors and seniors participate in the Rural Health Scholars Program.

Rural Health Scholars Program events the SND students could participate in include:

- Teambuilding Activities
- Career Presentations
- Interactive Workshop/Activity
- Skills Workshops
- Recorded Surgery Viewing

Other Rural Health Scholars Program activities may include:

- Hike to Lockegee Rock
- Movie @ Morehead Cinemas
- Kayaking at Eagle Lake
- MSU Recreation Center

Room and Board

- Students and chaperones will stay in the dorms at Morehead State University
 - Two students per double room; one chaperone in single room.
 - Boys and girls will be separated by either dorms or floors and provided with a common area to gather during free time.
- Students must bring their own bedding (XL twin sheets) and towels. More details available soon.

Insurance Requirement for Drivers/Chaperones:

- Proof of automobile liability insurance for any vehicle parked on MSU campus must be provided by owner of vehicle.

List of Required Forms for Students (S) and Chaperones(C): Forms will be available online and are due by May 1.

For St. Claire HealthCare:

- Signed HIPPA Agreement (S,C)
- Signed Social Media Policy (S,C)
- Dress Code Requirements (S,C)
- Job Shadowing Application (S):

Morehead State University:

- Health History (S)
- Medical Consent (S)
- Behavioral Agreement for Summer Camp Participants (S)
- Behavioral Contract for Summer Camp Director/Sponsor/Chaperones (C)
- Chaperones must provide proof of sexual harrasment training or may complete that training online through MSU.

School/Student Costs/Responsibilities:

- Transportation to and return from Morehead.
 - Chaperones will be asked to assist with local transport of students during the week.

- o St. Claire HealthCare will provide or reimburse for some gas during the week.
- Food during trip to and from Morehead.
- Chaperone per diem, if school chooses.
- \$10 refundable deposit for ID badges.
- Possibly Insurance – Sr. Judi is looking into this.

Sample Week Schedule

Sunday

3-4 pm	Arrive
4-6	Check in and get settled
6 pm	Dinner
7 pm	St. Claire HealthCare History and Mission

Monday

Morning	Orientation
Afternoon	Service Project or Shadowing or Ride-along

Tuesday through Thursday noon

Absorbed into Rural Health Scholars Program

Thursday

Afternoon	Discharge Planning Lab or Service Project
5 pm	Mass at Jesus Our Savior Church
6 pm	Barbecue at home of CEO

Friday

Morning	Discharge Planning Lab or Service Project
Noon	Send-off Lunch
1-2 pm	Check Out and Depart for home